



Adaptive Living Skills Curriculum (ALSC)

Functional and Adaptive Skills Pacing Guide Middle School ~ 3rd Nine Weeks

Division of Exceptional Children

The Shelby County Schools, Department of Exceptional Children, **Functional and Adaptive Skills Curriculum Pacing Guides** are based upon the Adaptive Living Skills Curriculum (ALSC) developed by Riverside Publishing, a subsidiary of Houghton Mifflin Harcourt. The ALSC can help students with moderate to severe disabilities gain the functional knowledge and skills necessary to go from school to productive work. This curriculum focuses on the functional skills that are necessary for students with moderate to severe disabilities to live the most active, independent and productive lives possible.

The ALSC is designed to build upon the abilities of students with moderate to severe disabilities and it will help them develop life skills that will prepare them to become productive members of our society. This curriculum is not intended to completely separate students with moderate to severe disabilities from their same-aged peers that do not have disabilities. Every effort should be made to provide educational opportunities where all students are able to learn together. It is intended as a guide to plan for and teach each individual student. It should be used in conjunction with the student's Individualized Education Plan (IEP) and any other district level standards necessary for each student's achievement. Throughout the year, students should continue to develop mastery of the goals within the Adaptive Living Skills Curriculum through the four domains: Personal Living Skills, Home Living Skills, Community Living Skills and Employment Skills.

Procedures for Teachers

- Please verify that your classroom has the identified curricular and assessment materials for the class type that you teach. If you are missing any of the materials, please contact your Special Education Advisor immediately.
- Please review all your students' current Individual Education Plans (IEPs) to identify their instructional objectives for the current year. This is a great time to find similar areas within the ALSC curriculum and match them to your students' IEPs.
- Complete pre-assessments on all students on your caseload using the identified assessments for your class type.
- Create classroom rules, utilizing the direction of your building administration and teach rules to students.
- To locate the Functional and Adaptive Skills Curriculum Pacing Guide(s), go to www.edugoodies.com/scs and select **SCS One Stop Shop → Adaptive and Functional Skills Pacing Guides**. Please use the guide designated for each nine weeks, as well as the students' IEP goals and objectives to plan instruction during the specified reporting period.

Middle School - Functional Skills and Adaptive Functional Skills Classes

Class Type	Abbreviation
Comprehensive English	ENG
Comprehensive Reading	READ
Comprehensive Independent Living Skills	ILS
Comprehensive Mathematics	MATH
Comprehensive Science	SCI
Comprehensive Social Studies	SS

2015-16 Assessments and Curricular Materials by Class Types

- This document is located at www.edugoodies.com/scs and select **SCS One Stop Shop → 2015-16 Assessments and Curricular Materials by Class Type**

Weeks 1-3



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Skill Area ALSC Book <i>(IEP Transition Category)</i>	Goal	Objective(s)	Resources/ Curriculum	Course(s)
Money Management And Shopping Community Living Skills <i>(Independent/Supportive Living)</i>	To purchase goods and services	3.4.1 Paying for an item equal in cost to a single coin 3.4.4 Paying for an item that costs less than one dollar 3.4.12 Buying items from a vending machine 3.4.14 Paying for an item that costs more than one dollar 3.4.16 Paying the exact amount for an item that costs less than one dollar 3.4.17 Counting change from a purchase costing less than one dollar 3.4.20 Purchasing a meal or snack 3.4.21 Purchasing the best buy 3.4.22 Paying the exact amount for an item that costs more than one dollar 3.4.24 Making a donation 3.4.25 Purchasing with coupons 3.4.31 Returning purchases 3.4.37 Making a mail-order purchase 3.4.39 Leaving a tip 3.4.43 Paying a taxi fare 3.4.44 Adding sales tax to the purchase price 3.4.46 Paying for an item with a check 3.4.49 Purchasing with a credit card 3.4.50 Buying and using traveler's checks	ALSC 3.4 FISH ADT 144-150 FISH COG 72	ILS, SCI, SS
Meal Planning And Preparation Home Living Skills <i>(Independent/Supportive Living)</i>	To practice good hygiene while working with food	2.2.24 Washing hands before handling food 2.2.30 Wiping off hands	ALSC 2.2 FISH ADT 67	ILS, SCI, SS, CAFETERIA
	To prevent injury when cooking	2.5.16 Turning off a stove and oven 2.5.17 Picking up hot pans and dishes 2.5.20 Cooking on stove-top burners 2.5.30 Uncovering hot food 2.5.31 Moving flammable objects away from stove tops 2.5.33 Dressing safely for cooking 2.5.35 Putting pans on a stove	ALSC 2.5	ILS, SCI, SS, CAFETERIA



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Weeks 1-3				
Skill Area ALSC Book <i>(IEP Transition Category)</i>	Goal	Objective(s)	Resources/ Curriculum	Course(s)
	To prepare uncooked foods and meals	2.2.2 Preparing a snack 2.2.8 Making a sandwich 2.2.14 Obtaining ice cubes 2.2.15 Making a bag lunch 2.2.25 Washing fruits and vegetables 2.2.28 Mixing a cold drink	ALSC 2.2 FISH ADT 26-32	ILS, SCI, SS, CAFETERIA
	To prepare food items for cooking	2.2.33 Cutting or chopping food 2.2.36 Peeling fruits or vegetables	ALSC 2.2 FISH ADT 14 FISH VOC 56	ILS, SCI, SS, CAFETERIA
Health Care Personal Living Skills <i>(Independent/Supportive Living)</i>	To prevent illness by establishing good health habits	1.6.3 Getting sufficient sleep 1.6.4 Using personal belongings 1.6.6 Covering a cough or a sneeze 1.6.10 Avoiding sunstroke 1.6.11 Applying lip balm 1.6.12 Eating nutritious meals 1.6.13 Applying skin lotion 1.6.14 Exercising to maintain fitness 1.6.19 Following a specific diet 1.6.22 Treating pimples or blemishes 1.6.25 Weighing self 1.6.27 Putting on a sunscreen 1.6.32 Making a medical or dental appointment 1.6.33 Choosing not to smoke 1.6.34 Drinking alcohol in moderation or not at all 1.6.35 Obtaining treatment for urogenital problems 1.6.38 Self-examining the testicles (males) 1.6.39 Self-examining the breasts (females) 1.6.40 Arranging for periodic medical and dental checkups	ALSC 1.6	PE, ILS, SCI
Home Leisure Home Living Skills <i>(Community Involvement)</i>	To participate in activities with others	2.6.4 Participating in a group activity 2.6.7 Participating in active games 2.6.12 Playing table or card games 2.6.13 Inviting friends to visit	ALSC 2.6 FISH SOC 41, 43	ILS, SS, READ, SCI



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Community Leisure Community Living Skills <i>(Community Involvement)</i>	To develop social interaction	3.6.2 Participating in a group activity 3.6.5 Going to a party 3.6.7 Playing active games with others 3.6.8 Getting together with friends 3.6.14 Attending meetings of an organization	ALSC 3.6 FISH ADT 130-132 FISH SOC 12-40	READ, SS, ILS, SPEECH THERAPY
Job Search Employment Skills <i>(Employment)</i>	To apply for a job	4.1.3 Matching personal skills to those needed to do a job 4.1.6 Requesting a letter of recommendation 4.1.8 Completing a job application 4.1.9 Taking needed material to apply for a job 4.1.11 Preparing a resume 4.1.13 Inquiring about job openings	ALSC 4.1 FISH VOC 78-80	ILS, READ, ENG, SPEECH THERAPY
Functional Word Series	Read and/or write high frequency and functional words used in the community	Fast Food/Restaurant Words Week 1: Words 81-90 Week 2: Words 91-100	FWS Fast Food/ Restaurant Words Kit	ALL COURSES
	Read and/or write high frequency and functional words used in the community	Grocery Words Week 3: 1-10	FWS Grocery Words Kit	ALL COURSES



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Weeks 4-6				
Skill Area ALSC Book <i>(IEP Transition Category)</i>	Goal	Objective(s)	Resources/ Curriculum	Course(s)
Money Management and Shopping Community Living Skills <i>(Independent/Supportive Living)</i>	To shop for needed items	3.4.2 Paying for items at a cashier's counter 3.4.3 Putting purchases away 3.4.6 Locating departments within a large store 3.4.8 Carrying purchased items 3.4.10 Requesting assistance from a salesperson 3.4.11 Placing items in a shopping cart 3.4.13 Locating specialty stores 3.4.15 Selecting items in sealed packages 3.4.23 Selecting items at the best price 3.4.26 Making a shopping list	ALSC 3.4 FISH ADT 150	ILS, MATH, SS, READ, ENG
Meal Planning and Preparation Home Living Skills <i>(Independent/Supportive Living)</i>	To follow recipes and directions in preparing foods	2.2.6 Mixing ingredients with a spoon 2.2.40 Measuring ingredients 2.2.43 Mixing food with a mixer or blender 2.2.48 Following a recipe	ALSC 2.2 FISH VOC 52-61	ILS, READ, SCI, SS, CAFETERIA
	To cook foods using different procedures	2.2.21 Mixing a hot drink 2.2.31 Stirring food as it cooks 2.2.38 Baking food in an oven 2.2.39 Popping popcorn 2.2.44 Boiling food 2.2.47 Cooking in a microwave oven 2.2.49 Frying food 2.2.50 Broiling food 2.2.54 Using a food thermometer	ALSC 2.2 FISH ADT 26-32 FISH VOC 52-61	ILS, READ, SCI, SS, CAFETERIA
	To operate kitchen appliances and equipment	2.2.4 Opening and closing boxes 2.2.5 Opening and closing screw caps on jars and bottles 2.2.7 Opening and closing plastic containers 2.2.10 Making toast 2.2.18 Using a bottle opener 2.2.19 Using a potholder 2.2.23 Loading and operating a dishwasher 2.2.27 Opening a can 2.2.41 Setting the oven temperature 2.2.42 Adjusting a stove burner 2.2.46 Setting a timer	ALSC 2.2	ILS, READ, SCI, SS, MATH, CAFETERIA



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Health Care Personal Living Skills <i>(Independent/Supportive Living)</i>	To use first aid procedures to treat minor illnesses or injuries	1.6.7 Caring for minor cuts and scrapes 1.6.9 Caring for a sunburn 1.6.15 Treating minor burns 1.6.17 Caring for blisters 1.6.23 Caring for a nosebleed 1.6.24 Caring for skin rashes 1.6.26 Taking out splinters 1.6.28 Applying a heating pad 1.6.31 Taking body temperature 1.6.42 Treating frostbite or overexposure to cold	ALSC 1.6	ILS, SCI, SS, READ
	To use emergency procedures for major illnesses or injuries	1.6.29 Calling for emergency assistance 1.6.36 Caring for heavy bleeding 1.6.37 Treating someone who is poisoned 1.6.41 Helping someone who is choking 1.6.43 Performing mouth-to-mouth resuscitation or CPR	ALSC 1.6	ILS, SCI, SS, SPEECH THERAPY
Home Leisure Home Living Skills <i>(Community Involvement)</i>	To engage in solitary activities	2.6.2 Playing a stereo, tape player, or radio 2.6.3 Looking at books, newspapers, or magazines 2.6.5 Completing models or puzzles 2.6.6 Handling pets 2.6.9 Using art materials 2.6.10 Doing quiet activities alone 2.6.11 Exercising for fitness 2.6.14 Making a collection 2.6.15 Selecting television programs 2.6.16 Following directions for a craft project 2.6.18 Growing house plants 2.6.19 Growing vegetables or flowers	ALSC 2.6 FISH SOC 24	ILS, SCI, SS, READ
Community Leisure Community Living Skills <i>(Community Involvement)</i>	To develop specific recreational skills	3.6.4 Riding in a boat 3.6.9 Swimming 3.6.12 Taking an extended trip 3.6.15 Taking photographs with a camera 3.6.16 Attending instructional classes 3.6.19 Planning a picnic	ALSC 3.6	READ, ILS, SS



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Job Search Employment Skills <i>(Employment)</i>	To interview for a job	4.1.2 Arriving on time and dressed appropriately for a job interview 4.1.4 Asking and answering questions during a job interview 4.1.12 Requesting an interview	ALSC 4.1 FISH VOC 80	READ, SS, ILS, SPEECH THERAPY
Functional Word Series	Read and/or write high frequency and functional words used in the community	Grocery Words Week 4: 11-20 Week 5: 21-30 Week 6: 31-40	FWS Grocery Words Kit	ALL COURSES



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Weeks 7-9				
Skill Area ALSC Book <i>(IEP Transition Category)</i>	Goal	Objective(s)	Resources/ Curriculum	Course(s)
Money Management and Shopping Community Living Skills <i>(Independent/Supportive Living)</i>	To shop for clothing	3.4.5 Trying on clothes for proper fit 3.4.7 Selecting clothes for a specific occasion 3.4.9 Selecting protective clothes for different weather conditions 3.4.19 Selecting clothes of the correct size	ALSC 3.4 FISH ADT 59, 60	READ, ILS, SCI, SS
	To budget money	3.4.27 Planning purchases within a budget 3.4.28 Saving money 3.4.30 Borrowing money from others 3.4.32 Writing a monthly budget	ALSC 3.4	READ, SCI, ILS, MATH
Meal Planning and Preparation Home Living Skills <i>(Independent/Supportive Living)</i>	To serve a meal	2.2.1 Scooping food out of a jar 2.2.11 Setting the table 2.2.20 Serving food 2.2.34 Placing food in serving dishes 2.2.37 Putting hot dishes on a trivet 2.2.51 Using leftovers 2.2.52 Planning a complete meal 2.2.53 Preparing a complete meal 2.2.55 Planning a weekly menu	ALSC 2.2 FISH VOC 62-64	ILS, READ, SCI, SS, MATH, CAFETERIA
	To clean a kitchen after a meal	2.2.3 Clearing the table after a meal 2.2.9 Putting silverware away 2.2.12 Wiping the table 2.2.13 Rinsing dirty dishes 2.2.16 Taking dishes from a dishwasher 2.2.17 Washing dishes by hand 2.2.22 Drying dishes with a towel 2.2.26 Putting food in a refrigerator or freezer 2.2.29 Storing leftovers 2.2.32 Throwing away garbage 2.2.35 Cleaning up the kitchen 2.2.45 Using a garbage disposal	ALSC 2.2 FISH VOC 37-39	READ, ILS, SCI, SS, CAFETERIA



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Health Care Personal Living Skills <i>(Independent/Supportive Living)</i>	To take medications	1.6.1 Swallowing liquid medicines 1.6.2 Swallowing a pill or capsule 1.6.8 Taking own medicine 1.6.16 Storing medicine 1.6.18 Taking medicine as directed 1.6.30 Getting a prescription filled or refilled	ALSC 1.6	READ, ILS, SCI, SS
	To wear prosthetic or corrective devices	1.6.5 Allowing others to put on and take off a prosthetic device 1.6.20 Putting on and wearing a corrective device 1.6.21 Taking off and storing a corrective device	ALSC 1.6	ILS, SCI, SS
Home Leisure Home Living Skills <i>(Community Involvement)</i>	To develop leisure habits	2.6.1 Selecting a preferred activity 2.6.8 Trying new leisure activities 2.6.17 Setting a goal for improvement	ALSC 2.6	READ, ILS, SS, PE
Community Leisure Community Living Skills <i>(Community Involvement)</i>	To develop leisure habits	3.6.1 Choosing an activity 3.6.3 Attending community events 3.6.6 Attending sporting events 3.6.10 Participating in a solitary activity 3.6.11 Planning and attending events 3.6.13 Choosing various physical activities 3.6.17 Exercising weekly 3.6.18 Going on a daytime trip alone 3.6.20 Setting and reaching a goal for improvement	ALSC 3.6 FISH SOC 29, 30	ILS, SS, READ, SPEECH THERAPY
Job Search Employment Skills (Employment)	To obtain a job	4.1.1 Indicating a job preference 4.1.5 Accepting a job 4.1.7 Contacting employment agencies 4.1.10 Finding job openings in a newspaper 4.1.14 Obtaining information about a job	ALSC 4.1	ILS, READ, SS, SPEECH THERAPY
Functional Word Series	Read and/or write high frequency and functional words used in the community	Grocery Words Week 7: 41-50 Week 8: 51-60 Week 9: 61-70	FWS Grocery Words Kit	ALL COURSES

Functional Academic Skills ~ 3rd Nine Weeks



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ELA 6 th Grade	ELA 7 th Grade	ELA 8 th Grade
<ul style="list-style-type: none"> ❖ Retells a story using picture cues ❖ Retells a story without using picture cues ❖ Sequences the major events in a story ❖ Identify beginning, middle and end of a story ❖ Predicts story events ❖ Able to ask/answer questions based on text ❖ Writes a letter ❖ Fills out/completes a simple graphic organizer ❖ Write from personal experience ❖ Identify the main idea of a text ❖ Given a specific purpose, produce a permanent product (e.g., select text appropriate to the purpose, identify descriptive sentences, and select concluding statement) 	<ul style="list-style-type: none"> ❖ Retells a story using picture cues ❖ Retells a story without using picture cues ❖ Sequences the major events in a story ❖ Identify beginning, middle and end of a story ❖ Predicts story events ❖ Able to ask/answer questions based on text ❖ Writes a letter ❖ Fills out/completes a simple graphic organizer ❖ Write from personal experience ❖ Identify a conclusion from an informational text ❖ Provide or write a conclusion that follows from the narrated experiences or events ❖ Given a specific purpose, produce a permanent product (e.g., select text appropriate to the purpose, identify descriptive sentences, and select concluding statement) 	<ul style="list-style-type: none"> ❖ Retells a story using picture cues ❖ Retells a story without using picture cues ❖ Sequences the major events in a story ❖ Identify beginning, middle and end of a story ❖ Predicts story events ❖ Able to ask/answer questions based on text ❖ Writes a letter ❖ Fills out/completes a simple graphic organizer ❖ Write from personal experience ❖ Make an inference from an informational text ❖ Identify supporting key details/key information within a paragraph ❖ Identify sources of information relevant to the topic ❖ Given a specific purpose, produce a permanent product (e.g., select text appropriate to the purpose, identify descriptive sentences, and select concluding statement)
Common Core Connectors	Common Core Connectors	Common Core Connectors
6RI.c2	7.RI.j1	8.RI.j1
6.WI.h2	7.WL.o1	8.RI.k2
	7.WI.o1	8.WP.j1
		8.WI.01

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Math 6 th Grade	Math 7 th Grade	Math 8 th Grade
<ul style="list-style-type: none"> ❖ Identifies values of coins/bills ❖ Totals money amounts with and/or without a calculator ❖ Identify a familiar unit rate ❖ Use manipulatives to measure the area of a rectangle 	<ul style="list-style-type: none"> ❖ Identifies values of coins/bills ❖ Totals money amounts with and/or without a calculator ❖ Create an array of objects for the mathematical equation and match the answer symbol (+ or -) following multiplication rules for an equation ❖ Create an array of objects for the mathematical equation and match the answer symbol (+ or -) following division rules for an equation ❖ Record/replace a variable in an equation with a fact from a story on a graphic organizer 	<ul style="list-style-type: none"> ❖ Identifies values of coins/bills ❖ Totals money amounts with and/or without a calculator ❖ Recognize how the space inside a figure increases when the sides are lengthened ❖ Ability to recognize attributes of a 3-dimensional shape
<p>Common Core Connectors</p> <p>6.ME.2a2</p> <p>6.GM.1d1</p>	<p>Common Core Connectors</p> <p>7.NO.2i1</p> <p>7.NO.2i2</p> <p>7.PRF.1g2</p>	<p>Common Core Connectors</p> <p>8.ME.1e1</p> <p>8.ME.2d2</p>